



**SCHOOL SPORT
NOVA SCOTIA
SPORT SCOLAIRE
NOUVELLE-ÉCOSSE**

2024-2025 Wrestling Provincial Championships

February 28-March 1, 2025

Yarmouth Consolidated Memorial High School

146 Forest Street, Yarmouth, NS B5A 0B3

Tournament Director: Justin LeBlanc

Friday, February 28, 2025

Entry to Facility - 1:00 pm

Weigh-ins - 1:00 pm – 2:30 pm

Opening Ceremony and March In - 2:30 pm

Coaches' Meeting - 2:15 pm

Wrestling Begins – 3:00 pm

Saturday, March 1, 2025

Entry to Facility - 8:00 am

Warm-up – 8:00 am – 9:00 am

Wrestling Begins – 9:00 am

SSNS PRESENTING PARTNER

eastlink

General Information:

Weight Classes:

To be determined annually based on Wrestling Nova Scotia categories. Junior High classes should be based on the Cadet age group (u-17) and senior high classes based on Juvenile age group (u-19). SSNS shall retain plus weight classes.

1. Regulations

- See SSNS Handbook - [WRESTLING.docx - Google Docs](#)

2. Registration

- Official registration at weigh-ins from 1:00 pm – 2:30 pm Friday, February 28th. Only those students who weigh in during the 1 hour will be permitted to compete.
- There will be a skin check and fingernail check at the weigh-ins.
- Coaches are to ensure that athletes are registered in the proper category.

3. Weigh-In

- Athletes must weigh-in for the weight bracket/category that they advanced from in regionals. If the athlete does not weigh-in for the same bracket/category, they will be scratched from the provincial tournament. The draw will be completed and posted on www.trackwrestling.com.

4. Cost

- There is no fee to the provincial championship for public schools. Independent schools will be sent an invoice for championships fees.

5. Opening/Closing Ceremonies

- We will have a brief opening ceremony starting at 2:30 pm. Teams should bring school flags or banners for opening ceremony.

6. Awards

- Championship Banner to winning school.
- SSNS Gold Medallions to members of the championship team and coach.
- SSNS Silver Medallions to members of the runner-up team and coach.
- SSNS Bronze Medallions to members of the runner-up team and coach.
- SSNS Gold, Silver and Bronze Medallions to the top three finishers in each weight class.

7. Canteen Onsite

8. Notes

- Two competition mats will be available.
- Student-athletes should come dressed and ready to weigh-in and wrestle.
- Weigh-ins will take place on the stage. Athletes should weigh-in as a team and enter the stage via the cafeteria, to the right of the gym. An athlete will be able to step on the scale once. There will be two scales. An athlete may challenge their weight immediately on the other scale. Only athletes will be allowed in the weigh-in area, no coaches or managers.
- Track Wrestling will be used for the event and the mat selections can be found on that site (directions below). Please load this site the night before attending the event and encourage all your wrestlers and spectators to as well. You will need an electronic device that can connect to the internet to log in.
- Wall charts will not be posted.
- Officials will be on site no later than 1:00 pm. Those wrestlers competing on Mat "1" and the first match will be listed as 1001, Mat "2" will start with the first match listed as 2001.
- There is no smoking in or on school property. Please remain out of other areas of campus and contain activity to the gym.
- Parking is limited to those areas as designated.
- **First Aid** : on site.

9. Contacts:

Justin LeBlanc – justin_leblanc@hotmail.com

Jimmy Surette – jimmy.surette@tcrc.ca

Yarmouth Cons. Mem. High School, 146 Forest St, Yarmouth, NS B5A 0B3

Pairing Master – ns.pairing@gmail.com

Track Wrestling:

www.trackwrestling.com

click "browse"

click "tournament"

click "search events" (top middle of screen)

select "Nova Scotia" under state drop down

click "search"

Select "NS provincial 2024"

Enter event as "viewer"

Click "View brackets"

Select weight class from drop down menu (Left side)