

MAWC OPEN

NOV 23 2024

MAWC
SPEED
WRESTLING

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Island View High School
1853 Caldwell Road
Eastern Passage, NS

See technical package
for admissions and
weight guidelines

LOCATION

1853 Caldwell RD, Eastern Passage, Nova Scotia, B3G 1J3.

Doors open at 9:00 am, Wrestling starts at 10 (time may vary depending on total numbers of athletes)

REGISTRATION

All athletes need to be registered by Tues Nov 19 by email: mikesaunders172@gmail.com

LATE FEE OF \$10 PER ATHLETE IF REGISTERED AFTER THE DATE, UNTIL 11:59pm Nov 21 2024

All attending athletes must be in good standing with registered province.

Skin checks are a must before wrestling tournament starts.

FEES

\$20 for in province athletes, \$15 for out of province athletes can be paid cash or cheques.

WEIGH INS

Will be red dot weigh in with a 1kg allowance at the start of tournament

U23 - Freestyle (Born 2003-2006)

MENS - 57, 61, 65, 70, 74, 79, 86, 92, 97, 125 (+1 Kg red dot variance)

WOMENS - 50, 53, 55, 57, 59, 62, 65, 68, 72, 76 (+1 Kg red dot variance)

U19 - Freestyle (Born 2007-2008)

MENS - 42, 45, 48, 51, 55, 60, 65, 71, 80, 92, 110, 125 (+1 Kg red dot variance)

WOMENS - 40, 43, 46, 49, 53, 57, 61, 65, 69, 73, 80, 90 (+1 Kg red dot variance)

U17 - Freestyle (Born 2009-2010)

MENS - 42, 45, 48, 51, 55, 60, 65, 71, 80, 92, 110, 125 (+1 Kg red dot variance)

WOMENS - 40, 43, 46, 49, 53, 57, 61, 65, 69, 73, 80, 90 (+1 Kg red dot variance)

BANTAM (Born 2011-2012) - Boys & Girls Grouped by Weight

KIDS (Born 2013-2014) - Boys & Girls Grouped by Weight

NOVICE (Born 2015-2016) - Boys & Girls Grouped by Weight

TYKES (Born 2017-2018) - Boys & Girls Grouped by Weight

NOTE: The convenor may combine divisions for Kids, Novice & Tyke Divisions to ensure matches for all youth entrants.

THIS TOURNAMENT WILL FOLLOW CAWA RULES AND REGULATIONS

CANTEEN

Food will be available on site; lunch will be provided for officials and coaches. Please let staff know of any allergies or restrictions at time of registration.

Please have athletes bring water, snacks, and anything else needed for the day of wrestling.

There are water refill stations on site. Please bring a reusable water bottle.

AWARDS

Awards will be handed out to the top 3 finalists of each weight class.

MEDICAL

There will be medical personnel on site if needed.

Please ensure all personal medical supplies are on hand and clearly labelled with full name and instructions if needed. (eg. Inhalers, Epi pen, etc.)

GENERAL

Please be aware that MAWC is not responsible for any lost, stolen or damaged property. Any personal items are solely the responsibility of the athlete.

Any questions please email mikesaunders172@gmail.com