

	NSAWA Volunteer Requirements	Approved: November 2024	Up for review: November 2026
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Introduction

NSAWA values its coaching members and strives to recruit, train, certify, and retain high-quality dedicated coaches. Coaching members serve as a valuable source of information to the Board of Directors. To ensure their input is considered, coaches elect a Coaching Director to represent their interests and concerns.

Coaching Responsibilities

Coaching comes with a high degree of responsibility. Therefore, NSAWA coaches must complete the following training requirements to ensure they are adequately prepared for their roles:

1. Requirements for Coaches Attending Nationals/Trials

- a. Competition Introduction-Certified
 - i. NCCP Design a Sport Program
 - ii. NCCP Make Ethical Decisions
 - iii. NCCP Sport Nutrition (e-learning)
 - iv. NCCP Planning a Practice
 - v. WCL Basic Mental Skills
 - vi. WCL Teaching and Learning
 - vii. WCL Technical and Tactical Theory
 - viii. WCL Technical and Tactical Applied
 - ix. NCCP Make Ethical Decision online evaluation
 - x. WCL Competition-Introduction portfolio evaluation
 - xi. WCL Competition-Introduction practice observation

2. Requirements for Provincial Coaches

- a. Upon completion of the required courses, coaches can coach independently on the mat and oversee training. Coaches in training who have yet to complete the NCCP Certification courses are not permitted to coach alone.

- b. The mandatory minimum age for a coach is 18 years of age. The mandatory age for a head coach is 21.
- c. Coaches must complete one of the following:
 - i. Part A (prior to 2024), or
 - ii. Part B (prior to 2024), or
 - iii. WCL Technical and Tactical Theory and WCL Technical and Tactical Applied modules. (2024 and after) This includes the prerequisites: WCL Teaching and Learning, NCCP Planning a Practice, and WCL Basic Mental Skills
- d. Coaches must also fulfill the following prerequisites:
 - i. Register and pay dues through the National Registration system.
 - ii. Submit a Nova Scotia Child Abuse Registry check from the Nova Scotia Department of Social Services.
 - iii. Submit a Vulnerable Sector Check from their local RCMP/Police station or through MyBackCheck.com
 - iv. Complete the Safe Sport course at coach.ca (renewable every 4 years)
 - v. Complete the Making Headway course at coach.ca (renewable every 4 years)
 - vi. Complete Making Ethical Decisions course and/or evaluation at coachns.ca (renewable every 4 years)
 - vii. Understanding the Rule of Two course at coach.ca (renewable every 4 years)
 - viii. Emergency Action Plan course at coach.ca (renewable every 4 years)

3. Coach in Training Status:

- a. To be considered a coach in training, all requirements must be completed.
 - i. Register and pay dues through the National Registration system.
 - ii. Submit a Nova Scotia Child Abuse Registry check from the Nova Scotia Department of Social Services. (renewable every 3 years)
 - iii. Submit a Vulnerable Sector Check from their local RCMP/Police station or through MyBackCheck.com(renewable every 3 years)
 - iv. Complete the Safe Sport course at coach.ca (renewable every 4 years)
 - v. Complete the Making Headway course at coach.ca (renewable every 4 years)
 - vi. Complete Making Ethical Decisions course and/or evaluation at coachingns.ca (renewable every 4 years)
 - vii. Understanding the Rule of Two course at coach.ca (renewable every 4 years)

- viii. Emergency Action Plan course at coach.ca (renewable every 4 years)
 - b. Coaches in training must have a fully sanctioned coach with them on the mat at all times.
 - c. Coaches in training must be above the age of 16 and have the head coaches consent.
- 4. Manager/Parent/Athlete Leaders and BOD Volunteer Requirements:**
- a. All Team Managers, Parent Volunteers, Student Athlete Leaders and Board of Directors must provide at time of registration the following:
 - i. Register and pay applicable dues through the National Registration system.
 - ii. Submit a Nova Scotia Child Abuse Registry check from the Nova Scotia Department of Social Services. (Exempt to students who are under the age of 18)
 - iii. Submit a Vulnerable Sector Check from from their local RCMP/Police station or through MyBackCheck.com (Exempt to students who are under the age of 18)
 - iv. Complete the Safe Sport course at coach.ca (renewable every 4 years)
 - v. Understanding the Rule of Two course at coach.ca (renewable every 4 years)
 - vi. Emergency Action Plan course at coach.ca (renewable every 4 years)
 - vii. Making Ethical Decisions course and/or evaluation. (renewable every 4 years)
 - viii. Making Headway (renewable every 4 years)

New Club Coaches to NSAWA

Coaches who are new to coaching at the club level may apply for a transition year exception to courses required. This will be approved on a case by case basis subject to the board of directors discretion. For more information please email wns.coach@gmail.com.

Communication and Updates

Coaches are encouraged to provide up-to-date contact information to the Coaching Director annually, ensuring timely and relevant communication. wns.coach@gmail.com.