

## **29**<sup>th</sup> Annual Senior High and Junior High School Wrestling Tournament Saturday, January 18, 2025

## **REGISTRATION for this event is ONLINE ONLY!**

**Location:** King's-Edgehill School, 33 King's-Edgehill Lane, Windsor.

Registration: The deadline for registration and weights is 6:00 pm, Monday, January 13

## **Registration is online ONLY at the following address:**

https://docs.google.com/forms/d/e/1FAIpQLSfBVsZjsZHW\_007B4J5mnvmKVo3Vw7UCyrx0pjKDy6qUkOyog/viewform

\*\* **6pm on Wednesday** is the deadline for cancellations to be received by drawmaster without a payment penalty. Reach the Nova Scotia Drawmaster at ns.pairing@gmail.com

## **NSSAF Weight Classes:**

**Senior High – grade 10-12** - under 19 years of age as of September 30 Male - up to 38, 39 - 42 kg.,45 kg.,48 kg.,51 kg.,55 kg.,60 kg.,65 kg.,71 kg.,80 kg.,92 kg.,110 kg.,125 kg.,125+

Female - up to 36, 36-40 kg., 43 kg., 46 kg., 49 kg., 53 kg., 57 kg., 61 kg., 65 kg., 69 kg., up to 73 kg., 80 kg., 90 kg., 90 +.

**Junior High/ Middle School - Grades 6-9** -under 16 years of age as of September 30 Male - up to 38, 39 - 42 kg.,45 kg.,48 kg.,51 kg.,55 kg.,60 kg.,65 kg.,71 kg.,80 kg.,92 kg.,110 kg.,125 kg., 125+

Female - up to 36, 36-40 kg.,43 kg.,46 kg.,49 kg.,53 kg.,57 kg.,61 kg.,65 kg.,69 kg.,73 kg.,80 kg.,90 kg., 90 +.

**Wrestling Begins:** 9:00 am, as soon as draw is posted. This will depend on COACHES. Doors open at 8:00am.

**First Aid:** School nurse & Athletic Therapist, and Acadia U. AT will be on the premises.

Awards: First Place only, in each weight class. Team awards in each division.

**Rules:** Please check the SSNS website for the rules: https://sites.google.com/gnspes.ca/nssaf/sports/wrestling

Fee: \$20 per wrestler to maximum of \$350/school team.

If you have any questions, please contact me at: jverrynstuart@kes.ns.ca, or the drawmaster at <a href="mailto:ns.pairing@gmail.com">ns.pairing@gmail.com</a>

I would like to be able to email the weight classes back to the coaches on Friday. Please double check DOB, weights, etc. for your wrestlers. Your accuracy is essential to reduce delays for the drawmaster.

NOTE: OUR CAMPUS IS A NON-SMOKING CAMPUS. WRESTLERS AND GUESTS ARE RESTRICTED TO THE ATHLETIC CENTRE GYM AND FRONT FOYER.

This is a **sanctioned event**, through the SSNS. You must apply to your Provincial School Athletic Federation.