

Wrestling Nova Scotia is seeking experienced, motivated individuals to join the Provincial Team/Canada Games Coaching Staff:

- Head Coach (1)
- Team Manager (1)
- Associate Coach (2)

If you are interested in any of the four available positions, please complete the following survey: <https://forms.gle/4BDU22gXSuEzBwFJ6>

Scope and Structure:

Wrestling Nova Scotia is seeking three coaches and a manager for the 2024/25 Provincial Team Program and the 2025 Canada Summer Games in St. John's, Newfoundland.

The Canada Games are an important part of the developmental pathway for young athletes, and it is essential that their experiences are positive and contribute to a healthy relationship with the sport of wrestling.

As such, the coaching staff will be responsible for developing and implementing an age- and stage-specific training program for their athletes, and for the technical training of athletes. The coaching staff will also be responsible for athletes at competitions and camps prior to and including Provincial competitions and the Canada Games.

The coaching staff will monitor athletes' athletic performance and mental well-being, liaising with staff and partners to provide high-quality, holistic care. The coaching staff is responsible for making team selections under Wrestling NS performance standards and in conjunction with the Wrestling NS Excellence Committee.

The Head Coach will report to the Excellence Committee of Wrestling NS, and by extension the Wrestling NS Board of Directors.

Required Qualifications:

The coaching staff shall have or obtain the following qualifications at least 90 days prior to the Canada Games opening ceremonies (August 9, 2025). In the event that you do not meet the qualifications at the time of applying, we ask that you please outline your plan – including a timeline of key dates – to meet the required qualifications in your application.

- Three years' coaching experience at the provincial/development level;
- Competition Development Certification in wrestling;
- A clean Criminal Records and Vulnerable Sector Check;
- Completed NCCP Safe Sport Training;
- A working knowledge of Wrestling NS's policies and procedures;

- An exemplary track record of working closely and collaboratively with fellow coaches and administrators;
- Proficient computer skills;
- A valid Class 5 driver's license and access to transportation to all practices and required events;
- Must be committed to continuing coaching education by attending coaching symposiums, lectures, workshops, etc.;
- Must be available for all noted responsibilities; and
- Must be able to prove that you meet the above criteria.

Responsibilities Include:

Athlete Support:

- Identify all potential Provincial Team athletes for 2024/25 and Canada Games Wrestling Team athletes for 2025.
- Develop training plans for all athletes.
- Work together to implement and monitor individual athletes' training objectives.
- Provide technical coaching that is consistent with the individual athlete's long-term development.
- Is responsible for providing support to all Provincial athletes and Wrestling NS Canada Games program athletes at the designated events.
- Develop all aspects of training (i.e., skill development, physical preparation, mental training, etc.) for each athlete or assign appropriate individuals to develop specific aspects (i.e., nutrition, flexibility training, emotional control, etc.);
- Attend all mandatory Provincial Team and Canada Games seminars, meetings, etc.;
- Attend available Nova Scotia Coaching symposiums, lectures, workshops, etc.;
- Lead the Nova Scotia Canada Games Wrestling Team selection;
- Attend the 2025 Canada Games in St. John's, Newfoundland and carry out all coaching functions necessary at the Games;
- Ensure open communication with all athletes regarding training and competition plans;
- Promote fair play and drug-free sport, as identified by the Canadian Center for Ethics in Sport, FIS, and the IOC;
- Ensure that all athletes' injuries are properly reported and managed;
- Attend all necessary training camps and competitions prior to the Canada Games;
- Maintain the Coaching Code of Ethics; and
- Review and adhere to the Wrestling Canada Lutte Safe Sport Policy.

Administration:

- Make logistical arrangements when required, and submit expense and other reports in a timely fashion;
- Communicate with the Wrestling NS Excellence Director regularly and as required;
- Document daily training and athlete development; and
- Participate in post-Games reports and help develop and implement recommendations for future Games.

Compensation:

Although this is a volunteer position, all pre-approved expenses of the coaching staff related to travel (for camps, and competitions) will be paid for by Wrestling NS and our partner organizations.

Wrestling NS will work with wrestling clubs in Nova Scotia to provide relief coaching if the absence of the Head Coach for the Canada Games strains the coach's central responsibilities at their home club.