



June 8, 2020

To All Members of NSAWA:

Due to COVID-19, members have been patiently waiting to understand the new normal for wrestling. As the Executive, we want to ensure members are aware that NSAWA is collaborating with Sport Nova Scotia and the provincial health practitioner to form a plan to assist NSAWA with a wrestling Return to Train plan.

Until the Return to Train plan has been approved by the Return to Sport Committee of the Province, all in-person practices remain suspended. Virtual training both inside and outside of Nova Scotia continue to require sanctioning prior to hosting and/or attending. All sanctioning requests are to be sent to [wns.vice@gmail.com](mailto:wns.vice@gmail.com) or completed through the website at <https://wrestlingsns.ca/in-province-application>.

Once the Return to Train plan has been completed by the Participation Committee, we will be submitting to the NSAWA Board of Directors for approval. Upon approval, the plan will be submitted to the Return to Sport Committee for the final approval to proceed. We will advise you once this approval is received.

Stay safe and well,

Amanda Silver  
Vice President

Barbara Cochrane  
President